



Agency Name	Counties Served	Populations Served	Description	Contact Information	Website
Family Service Bureau of Newark (FSB)	Bergen, Essex, Passaic, and Hudson Counties	Seniors, Children/Youth/Families, First Responders, Healthcare Workers, Individuals with Access and Functional Needs, Frontline Essential Workers, and Individuals who Are Homeless or at risk of homelessness.	Family Service Bureau of Newark (FSB), an affiliate of New Community Corporation, is offering the NJ Hope and Healing Crisis Counseling Program (CCP) for residents of Bergen, Essex and Hudson counties. Services are offered free of charge for families, individuals and youth and are available in multiple languages. FSB is a neighbor helping neighbor team with staff on-call to provide the following services: online support for stress management techniques, development of new coping skills, compassion fatigue, communication techniques and resource linkage. The hours of operation are Monday to Friday from 9 a.m. to 5 p.m. Virtual support groups in both English and Spanish are held on weekdays.	973-272-7488 or email FSBNJHH@newcommunity.org Text line: 973-980-4964 Arti Kakkar akakkar@newcommunity.org 973-272-7488	NJ Hope and Healing Family Service Bureau of Newark

